



# Freshmen Booklet

Emirates Student Union

The Emirates Student Club welcomes you to the new chapter of your life. For the next 4 years of your life we will provide, support, help, and give you a little bit of entertainment in your time at Pennsylvania State University. Starting with this booklet, which is designed to guide you through your first steps in the university.

## Program Structure

### The Baccalaureate Degree General Education Program

The baccalaureate degree General Education program consists of 45 credits that are distributed among two General Education components: (1) Skills (15 credits) and (2) Knowledge Domains (30 credits) in the Natural Sciences, Arts, Humanities, Social and Behavioral Sciences, and Health and Physical Activity. Every baccalaureate degree student also completes the First-Year Seminar, United States Cultures and International Cultures, and Writing Across the Curriculum requirements. A restriction is placed on students in majors that are closely linked to the Knowledge Domains of Natural Sciences, Arts, Humanities, and Social and Behavioral Sciences to ensure that they participate in the full breadth of General Education. These students may not use a course in their academic major to satisfy one of the Knowledge Domains requirements. For example, an Economics major may not use an economics course to fulfill his/her social and behavioral sciences requirement. Also, students may not count courses cross-listed with courses in their major to fulfill one of the General Education Knowledge Domain, e.g., a Theatre major may not register for THEA 208 (GA;US;IL)/AAAS 208 (GA;US;IL) and have it count in the Arts requirement. SKILLS (15 credits) Writing/Speaking (9 credits) Courses with the GWS designation satisfy this component. Quantification (6 credits) Courses with the GQ designation satisfy this component. (3-6 credits are selected from mathematics, applied mathematics, and statistics; 3 credits may be selected from computer science or symbolic logic.) KNOWLEDGE DOMAINS (30 credits) Health and Physical Activity (3 credits) Courses with the GHA designation satisfy this component. Natural Sciences (9 credits) Courses with the GN designation satisfy this component. Arts (6 credits) Courses with the GA designation satisfy this component. Humanities (6 credits) Courses with the GH designation satisfy this component. Social and Behavioral Sciences (6 credits) Courses with the GS designation satisfy this component.

### Additional Requirements

Baccalaureate degree students must complete one First-Year Seminar (S, T, or X suffix, or PSU abbreviation), 3 credits of United States Cultures (US) and 3 credits of International Cultures (IL), and 3 credits of Writing Across the Curriculum (W, M, X, and Y). These requirements may be completed by designated courses that also meet other degree or General Education requirements. FLEXIBILITY OF THE BACCALAUREATE DEGREE GENERAL EDUCATION REQUIREMENTS Penn State wants students to use General Education to experiment and explore, to take academic risks, to discover things they did not know before, and to learn to do things they have not done before. To that end, the General Education program extends the concept of flexibility to all aspects of the degree program. Students may, with the permission of their adviser and dean's representative:

1. substitute a 200- to 499-level course in an area of General Education for a course found on the General Education list. For example, a student may take a 400-level course in history and use it to meet the General Education requirement satisfied by a comparable lower-level history course.
2. substitute a foreign language at the twelfth credit level of proficiency, as measured by the Penn State foreign language offerings, for 3 credits in any of the categories of General Education. Baccalaureate degree students may substitute study in a foreign/second language at the twelfth credit level of proficiency or higher for any three credits in any of the categories of general education only if those three credits are in language study beyond their degree requirements.\*
3. substitute a third course in one of the Knowledge Domains areas of Arts, Humanities, or Social and Behavioral Sciences for a second course in one of the other areas. For example, a student might take 3 courses in the Arts, two courses in the Humanities, and only one course in the Social and Behavioral Sciences. This substitution is often referred to as the 9-6-3 sequence, representing the 9 credits, 6 credits, and 3 credits completed in place of the specified 6-6-6.\*
4. meet the United States Cultures (US) and International Cultures (IL) requirement through completion of an experiential learning program or practicum (one-semester or year long) approved

by their college dean's office. Approved Penn State Education Abroad Programs may be used to satisfy the International Cultures (IL) requirement. 5. meet the First-Year Seminar (FYS) requirement through completion of a FYS course offered by any unit of the University. Thus, a student who successfully completes a FYS course in one college, prior to transferring to another college, will not be required to complete another FYS. However, since there are various modes of offering a FYS throughout the University, students transferring to a new college may find that a required course that is also a FYS must still be taken. \*Please note: The use of these two substitutions (No. 2 and No. 3 above), either alone or in combination, may not lead to the complete elimination of any area in the skills or knowledge domains categories in the student's General Education program. \* Three credits of United States Cultures (US) and International Cultures (IL), and 3 credits of Writing Across the Curriculum (W, M, X, and Y) may be designated courses that also meet other degree or General Education requirements.

## Courses

*A list of suggested GH, GS & GA courses.*

Social and Behavioral Sciences (GS):

SOC	119	Sam Richards
WMNST / AFR	202	Abrokwa
CRIM	100	Thomas Backenstoe
SOC	001	John Fulton
ECON 102	102	Dave Brown

Arts (GA):

PHOTO	100	N/A
MUSIC	008	Mark Wurster
ART	020	N/A
ART	050	N/A
INART	001	Harry Zimbler

Humanities (GH):

AFR	191	Abrokwa
AFR	192	Abrokwa
AFR	202	Abrokwa
AFR	150	Banya

Health & Physical Activity (GHA):

KINES	011	N/A
KINES	012	N/A
NURS	203	N/A

Engineering Design:

100	Andras Gordon
100	Devon

# Online Courses

Before enrolling in any online class make sure to check with

1. Your sponsor (if you have one)
2. The embassy
3. The advisor from your major

In some cases you will need

- a. To fill some forms
- b. Pre-approval to take the class
- c. To know if it will affect your GPA
- d. To know if it will be counted in your degree audit

# University Park Libraries

## **Architecture & Landscape Architecture Library**

111 Stuckeman Family Building  
University Park, PA 16802  
(814) 865-3614  
[ul-arch@lists.psu.edu](mailto:ul-arch@lists.psu.edu)

## **Arts and Humanities Library**

2nd Floor, West Pattee  
Penn State University  
(814) 865-3616

## **Dickinson Law Library**

214 Lewis Katz Building  
University Park, PA 16802  
Circulation Desk  
(814) 865-8861

## **Donald W. Hamer Maps Library**

1 Central Pattee  
University Park, PA 16802  
(814) 863-0094

## **Earth and Mineral Sciences Library**

105 Deike Building  
University Park, PA 16802  
(814) 865-9517

## **Education and Behavioral Sciences Library**

501 Paterno Library  
University Park, PA 16802  
(814) 865-2842

**Engineering Library**

325 Hammond  
University Park, PA 16802  
(814) 865-3451

**Knowledge Commons**

W116 Pattee Library  
University Park, PA 16802-1812  
(814) 863-4547

**Life Sciences Library**

408 Paterno  
University Park, PA 16802  
(814) 865-7056

**News and Microforms Library**

21 W Pattee (ground floor of Pattee Library, West Entrance, near MacKinnon's Cafe)  
(814) 863-0377

**Physical and Mathematical Science Library**

201 Davey Lab  
University Park, PA 16802  
(814) 865-7617  
[ul-pams@lists.psu.edu](mailto:ul-pams@lists.psu.edu)

**Schreyer Business Library**

Schreyer Business Library  
3rd Floor, Paterno Library  
University Park, PA 16802

**Social Sciences Library**

201 Paterno Library  
University Park, PA 16802

**Special Collections Library**

104 Paterno Library  
University Park, PA 16802  
(814) 865-7931  
[UL-spcolref@lists.psu.edu](mailto:UL-spcolref@lists.psu.edu)

**University Park**

<https://www.libraries.psu.edu/content/psul/home.html>

## Minors

A minor is defined as an academic program of at least 18 credits that supplements a major. A minor program may consist of course work in a single area or from several disciplines, with at least 6 but ordinarily not more than half of the credits at the 400-course level. Total requirements are to be specified and generally limited to 18 to 21 credits. Entrance to some minors may require the completion of a number of prerequisites, including courses, portfolios, auditions, or other forms of documentation that are not included in the total requirements for the minor. All courses for the minor require a grade of C or higher. When a student graduates, completion of a minor is recorded on his/her transcript by the Registrar, and the student receives an official certificate certifying completion of the minor. (The certificate is given with the diploma.)

### List of minors/ most common

- Engineering leadership minor
- Economics minor
- Environmental engineering

<http://bulletins.psu.edu/undergrad/programs/minors/>

## Questions and Answers

### **Q: How do I find out who my adviser is?**

A: You can check on **eLion** to find out who your adviser is.

### **Q: How and when can I add and/or drop a course?**

A: Courses can be added and/or dropped during the regular Drop/Add period, which is during the first ten calendar days of the semester (Wednesday of the 2<sup>nd</sup> week of the semester). You can either fill out a Drop/Add form and submit it to the Registrar's Office at your campus or go through [eLion](#). If a course is dropped during the regular Drop/Add period, it will not show up on your transcript. After the tenth day of the semester, courses can be dropped, but not added.

Courses can be dropped, not added, during the Late Drop period, which is from the eleventh day of the semester to the end of the twelfth week of the semester. If a course is dropped during the Late Drop period, it will show up on your transcript as a withdrawal grade. Contact your adviser for details.

### **Q: What is the difference between the regular Drop/Add period and the Late Drop period?**

A: The regular Drop/Add period is during the first ten calendar days of the semester if the duration of the course is equal to the duration of the semester. During this period, you can drop and/or add courses as much as you want, as long as the course(s) is (are) open and fit(s) your schedule. Courses that are dropped during this period do not show up on your transcript. Please note that a fee will be assessed for each course that is added and/or dropped between the fifth day and the tenth day of the semester.

The Late Drop period for a course begins with the first calendar day after the Course Drop period, and ends on the day when 80% of the duration of the course is attained. During this period, you can only drop courses, but you are limited as to how many courses you can drop. This is based on the number of Late Drop credits you have. All students are given a certain amount of Late Drop credits they can use during their entire time enrolled at Penn State. Associate (2-year degree), Provisional (PROV), and Non-Degree (NDEGR) students are given ten, while baccalaureate (4-year degree) students are given sixteen. Once you use them, you lose them, in that you can't get any more. When you Late Drop a course, instead of a regular grade, a withdraw grade will appear on your transcript instead. There are three kinds of withdrawal grades: "WP" (Withdrawal Passing), "WF" (Withdrawal Failing) and "WN" (Withdraw No Judgment). The instructor will assign this grade. Keep in mind that withdrawal grades do not factor into your GPA. Contact your adviser for details.

**Q: How do I transfer a course from another college and/or university to Penn State?**

A: First, check with either the Admissions Office or an adviser in the Academic Advising Center to see if the course will transfer to Penn State. If the course transfers to Penn State, have the college or university send an official transcript to:

**Penn State Admissions**  
201 Shields Building  
Box 3000  
University Park, PA 16804

**Note:** The final grade of the course must be a "C" or higher in order to transfer. Also, grades of transfer credits do not count towards your GPA.

**Q: How do I get a Degree Audit for my major or for a different major?**

A: You can get one through eLion or contact the Registrar's Office.

**Q: How do I go about changing my major?**

A: Contact the College Contact and Referral Representative (CCRR) of the college that has your intended major. A Change of Major form will need to be filled out and returned to the Registrar's Office at your campus.

**Q: How and when do I declare a major?**

A: In most cases, majors are declared during your fourth semester through a process known as the Entrance to Major (ETM). Contact your adviser for details.

**Q: How and when do I declare a minor?**

A: Although you may begin working on a minor, minors are usually declared beginning the junior year. Contact the department that offers the minor for details.

**Q: How can I learn more about internships?**

A: Contact the Career Services Office.

**Q: What do I have to do to take a semester off?**

A: Contact your adviser or go to the Registrar's Office to complete a Leave of Absence form.

**Q: How do I withdraw from the University?**

A: Contact your adviser or go to the Registrar's Office to complete a Withdrawal form. You can also withdraw through eLion.

**Q: Can I withdraw from the University and come back?**

A: Most of the time, yes, you can. When you are ready to return to the University, complete a Re-Enrollment form and submit it to the Registrar's Office. You can also change your major when you re-enroll. Contact your adviser or the Registrar's Office at the campus you wish to re-enroll for details.

**Q: What is Academic Warning?**

A: Students are placed on Academic Warning when they have earned Deficiency Points due to poor grades. If you continue to perform poorly on your grades, you may be dropped from the University for unsatisfactory scholarship. If you receive an Academic Warning letter, contact your adviser immediately to discuss your situation.

**Q: What are Deficiency Points?**

A: Deficiency Points exist when a student's cumulative GPA is below a 2.00. The only way to remove deficiency points is to earn better grades and improve your cumulative GPA to a 2.00 or better.

**Q: What do I do if I find that I am failing some or all my classes?**

A: Contact your adviser to discuss your options.

**Q: Do my cumulative credits include courses in which I've earned an "F"?**

A: Cumulative credits include the number of credits scheduled at Penn State for a letter grade, even if a final grade of an "F" is earned.

**Q: If I repeat a course that I earned "D" or "F" in and got a better grade, will the "D" or "F" grade be replaced by the better grade?**

A: All grades, including "D" and "F", remain on your transcript. If the course is repeated, the higher grade will also appear on the transcript with a notation stating that the course was repeated.

**Q: How can I get my final grades?**

A: Check eLion --> "Grades" and/or "Mail Semester Grades".

Request for a paper copy of current semester grades must be completed before final exam period starts.

**Q: What do I have to do to register to graduate?**

A: Contact the Registrar's Office at your campus or Go to eLion and select "Graduating this semester".

## **Office hours and advisors**

Office hours are the allocated time that your professor provides in his course syllabus. As a student, office hours are made to meet up with professors to ask questions about the course itself, marks, and doubts. As well as issues that you're having, be it conflicts exams or others.

Depending on your major and the college that you're enrolled in, you would have an advisor assigned to you to discuss recommended academic plans for you to follow throughout your years in Penn State.



# Helping Centers and Tutoring

Penn state Learning

1. <https://pennstatelearning.psu.edu/>
2. <https://pennstatelearning.psu.edu/tutoring/writing>

## Writing

As undergraduates ourselves, we know that writing can sometimes be difficult; yet we are also familiar with the satisfaction it offers. With firsthand experience at writing as well as experience in just being a student, we can often be the perfect audience for your writing. You can come in with a topic proposal, rough draft, or even a graded paper that you want to revise. When you meet with a writing tutor, you establish the agenda, and we'll try to accommodate you. Conversation about writing is our specialty. In addition to peer tutoring, we also have valuable materials that can help you with your writing, including reference books, style manuals and other resources that may be used in our center. We encourage writers to be independent. We discuss your writing with you and help you analyze your own writing concerns. Rather than editing or proofreading your papers for you, we help you do the proofreading yourself. So, if you want to discuss an assignment, polish a final draft, or further develop your writing skills, come see us. We would like to talk to you.

- Online tutoring for writing
- Schedule a face-to-face appt. with a Boucke writing tutor or online WD Campus writing tutor
- Request an appointment to work on your Personal Statement. Receive help with a personal statement for a fellowship, scholarship, job, or school application. You may also go to Drop In hours at 220 Boucke or Pattee Library to meet with a tutor to work on your personal statement.
- Resources for Writing (Purdue Online Writing Lab)
- Peer writing tutors: The Dangling Modifier
- Graduate Students can go to the Graduate Writing Center (located on University Park campus)

### Contact Information:

Cindy Clem  
Co-curricular Programs Coordinator  
Language and Writing Communities  
Penn State Learning  
(814) 865-0259  
[crc189@psu.edu](mailto:crc189@psu.edu)

# Lion Tutors and PSUKnowHow

To seek help for midterm exams or finals, Lion Tutors are the places to go to! Lion Tutors and PSUKH are private companies in downtown that holds review session for a variety of courses for exams. Usually each exam review would be for \$50 for Lion tutors and 40\$ for PSUKH 1 part, 70\$ 2 parts & 100\$ for 3 parts.

Lion Tutors courses review session:

- CHEM 110
- CHEM 112
- MATH 140
- MATH 141
- PHYS 211
- PHYS 212
- ECON 102

For more information visit: [liontutors.com](http://liontutors.com)

PSUKW courses review session:

- CHEM 210
- CHEM 212
- Econ 304
- EMCH 212
- MATH 220
- MATH 230
- MATH 231
- MATH 251
- PHYS 211
- PHYS 212
- PHYS 213
- PHYS 214

For more information visit: <http://www.psuknowhow.com/>

## Hub-Robeson Center (The Hub)

When it comes to meeting spots and places to chill between classes, the hub is on the top of the list. It is where all the students would go to spend time between their classes and know all about the events happening in the university. The hub also provides a ton of places to eat and drink including:

- Chick-Fil-A
- Sbarro
- Panda Express
- McAllister's
- Jamba Juice

In addition to restaurants, there are also a bunch of coffee shops like Starbucks.

## Health Services

1. Mount Nittany Hospital

1800 E Park Ave, State College, PA 16803  
(814) 231-7000

2. University Health Services

438 Student Health Ctr  
University Park  
Open until 5:00 pm

*If you aren't enrolled in the university health insurance, make sure to complete the medical waiver.*

In case of depression or any other problem please make sure to check with the psychiatric department in the university, there is nothing wrong or to be ashamed of with taking this step. It's very normal and common for these things to happen for students especially international students.

<https://studentaffairs.psu.edu/counseling/services/psychiatric.shtml>

In addition try to exposed yourself to the sun as much as you need especially in spring when it's cold. In the fall semester there are flu shots given around the university, try take one.

# GYM

Fitness Membership will allow you to access the following facilities:

1. Rec Hall Fitness Center. (Behind West Halls)
2. IM Fitness Center. (Behind East Halls)
3. White Building Fitness Center. (Close to the HUB)
4. Recreational aerobic classes.
5. All indoor Pools at Natatorium and White Building.
6. Open recreation hours at Sarni Tennis Center outdoor, lighted tennis courts.

Below are the prices for fitness memberships per semester:

Semester	Valid period start	Valid period end	Cost
Fall 2015	08/15/15	01/14/16	\$60
Fall 2015 and Spring 2016	08/15/15	05/14/16	\$110
Fall 2015 and Spring 2016 with Assessment	08/15/15	05/14/16	\$140

# Housing

1. The Retreat
2. The Heights
3. Copper Beech:
  - a. Northbrook
  - b. Parkway Plaza
4. Dorms (Freshmen)

## The Retreat

300 Waupelani Dr, State College, PA 16801, United States  
(814) 231-0871  
<http://www.retreatstatecollege.com/>

## The Heights

Northwick Blvd, State College, PA 16803, United States  
(814) 861-7100  
<http://www.heightsatstatecollege.com/>

## Copper Beech

- a. Northbrook  
145 Northbrook Ln # 101, State College, PA 16803, United States  
(814) 867-2323  
[statecollege@cbeech.com](mailto:statecollege@cbeech.com)  
<http://cbeech.com/statecollege/>

- b. 1000 Plaza Drive  
State College, PA 16801  
(814) 238-3432  
[info@parkwayplaza.com](mailto:info@parkwayplaza.com)  
<http://cbeech.com/statecollege/>

### **North Halls**

Generally, when it comes to on campus housing, north halls are considered to be the best!

North Halls accommodate students in two- and four-person suites, which share a private bath. Supplemental housing suites are also available, with six students sharing a large living space and large bathroom.

Warnock Commons is conveniently located in North Halls. North Food District offers several options, including the all-you-care-to-eat dining commons and BlueSpoon Deli, which offers à la carte breakfasts, fresh sandwiches, salads, pizza, subs, specialty items, and an evening snack bar. Warnock also has a computer lab, commons desk, cultural lounge, and North Halls Residence Association office.

## **Taxi Service**

Uber Mobile App (Recommended)  
Nittany Express  
AA Taxi  
Handy Delivery And Taxi  
Golden Taxi  
Happy Valley Ride

App Store/Google Play  
(814) 867-4647  
(814)-231-8294  
(814) 355-5555  
(814) 867-2644  
(814)-237-7433

## **Catabus**

CATABUS service includes two groups of routes: The Community Service (formerly Centre Line) and the Campus Service bus systems. Community Service (formerly Centre Line) consists of 20 different community bus routes, which provide service between Downtown State College, the Penn State Campus, the borough of Bellefonte, the village of Pleasant Gap, suburban shopping centers, apartment complexes, residential areas, governmental offices, and many other special points of interest. The Campus Service consists of four integrated routes (LOOP and LINK) that provide fare-free campus/downtown circulator and cross-campus shuttle service.

### **Campus Service**

- W1 White Loop
- B1 Blue Loop
- R1 Red Link
- G1 Green Link

## Community Service

- A Park Forest Village
- B Boalsburg
- C Houserville
- F Pine Grove
- G Stormstown
- Hp Toftrees/Scenery Park
- K Cato Park
- M Nittany Mall
- N Martin St./Aaron Dr.
- Ne Martin/Aaron Express
- Nv Martin/Vairo/Toftrees
- R Waupelani Dr.
- Rc Waupelani/Campus
- Rp Waupelani/Downtown
- S Science Park
- Ut University Terrace
- V Vairo Blvd.
- Ve Vairo Blvd. Express
- Vn Toftrees/Vairo/Martin
- W Valley Vista
- We Havershire Blvd Express
- Xb Bellefonte
- Xg Pleasant Gap
- Game Day Football Shuttle

## Other Bus Service cross the country

- **Megabus**

<https://www.megabus.com/>

- **Greyhound**

<https://www.greyhound.com/>

ESU will provide car services to its members in major events but requests must be made in advance (24-48 hrs. prior to the event).

# Halal food

## **Karma – Indian**

120 E Beaver Ave, State College, PA 16801  
11:30 am – 2:30 pm, and 5:00 pm – 10:00 pm

## **Indian Pavilion – Indian**

222 E Calder Way, State College, PA 16801  
11:30 am – 2:30 pm, and 5:00 pm – 10:00 pm

## **Penn Kebab – Turkish**

418 E College Ave, State College, PA 16801  
11:00 am – 11:00 pm

## **Pita Cabana – Lebanese**

428 E College Ave, State College, PA 16801  
11:00 am – 10:00 pm

## **Shakers Grill Food Cart**

137 E Beaver Ave, State College, PA 16803

## **International Market**

328 S Allen St, State College, PA 16801

# Markets

## **1. Wegmans**

- a. 345 Colonnade Blvd, State College, PA 16803

## **2. Weis Market**

- a. 560 Westerly Pkwy, State College, PA 16803
- b. 110 Rolling Ridge Dr, State College, PA 16803
- c. 1471 Martin St, State College, PA 16803

## **3. Wal-Mart**

- a. 1665 N Atherton St, State College, PA 16803
- b. 373 Benner Pike, State College, PA 16801

## **4. Target**

- a. 315 Colonnade Blvd, State College, PA 16803

**5. Dicks Sporting Goods**

- a. 325 Lowes Blvd, State College, PA 16803

**6. Sam's Club**

- a. 381 Benner Pike, State College, PA 16801

**7. Bed Bath & Beyond**

- a. 313 Benner Pike, State College, PA 16801

**8. Nittany Mall**

- a. 2901 E College Ave, State College, PA 16801

## Holidays

**1. Thanksgiving**

It is celebrated on the fourth Thursday of November in the United States and the university gives a whole week break.

**2. Spring break**

Vocational period in early spring at universities. It usually starts at the beginning of March.

**3. Labor day**

In the United States is a public holiday celebrated on the first Monday in September.

**4. Martin Luther King Jr**

It is an American federal holiday marking the birthday of Martin Luther King, Jr. It is observed on the third Monday of January.

**5. Memorial day**

It is a federal holiday in the United States for remembering the people who died while serving in the country's armed forces. It is observed every year on the last Monday of May.

**6. Independence day**

It is also referred to as Fourth of July or July Fourth in the U.S., is a federal holiday commemorating the adoption of the Declaration of Independence on July 4, 1776.



# Thanksgiving embassy conference

An annual event hosted by the United Arab Emirates hosted for the students studying across the US fully paid and covered by the embassy. A great opportunity to meet your friends and family. Also if you are looking for a sponsor or job opportunities. It takes place in the thanksgiving break in Washington, DC. Pre-registration is required. The embassy does reach out to all students at least a month prior to the event and takes care of all expenses and booking.

## Penn-State sports/activities facilities

### 1. Beaver stadium

1 Beaver Stadium, University Park, PA 16802, United States  
(814) 863-1000  
<http://www.gopsusports.com/facilities/beaver-stadium.html>

### 2. Rec Hall

<http://www.athletics.psu.edu/rec/rechall/index.asp>

### 3. Bryce Jordan Center

127 Bryce Jordan Center, University Park, PA 16802  
(814) 865-5555  
[jordancenter@psu.edu](mailto:jordancenter@psu.edu)  
<http://bjc.psu.edu/>

### 4. Penn state ice pavilion

<http://www.gopsusports.com/pegula-ice-arena/>

### 5. West field

### 6. IM Building

<http://www.athletics.psu.edu/rec/imbldg/>

## Shopping

**Black Friday** is the Friday following Thanksgiving Day in the United States (the fourth Thursday of November). Most major retailers open very early (and more recently during overnight hours) and offer promotional sales.

**Cyber Monday** is a marketing term for the Monday after the Thanksgiving holiday in the United States. The term "Cyber Monday" was created by marketing companies to persuade people to shop online.

## **ESU sports**

Each week on Friday ESU plays soccer at Christ Community on the Benner Pike in State College

200 Ellis Place, State College, PA 16801 (Past the Nittany Mall, off Benner Pike, behind Old Comcast Building). Further info will be posted on our social media accounts

During the academic year there will be some other sports activates held by ESU in both the retreat and the heights, stay tuned.

## **ESU Major events**

1. Welcome Back BBQ
2. Long Weekend Trip
3. Eid Al Adha
4. Eid Al Etihad

## **Close cities/ Weekend fun**

### **1. NewYork, NY**

3 hrs. 45 mins. by a car  
5 hrs. 30 mins. by a bus

### **2. Philadelphia, PA**

3 hrs. 15 mins. by a car  
5 hrs. 20 mins. by a bus

### **3. Pittsburgh, PA**

2 hrs. 30 mins. by a car  
3 hrs. 30 mins. by a bus

### **4. Washington, DC**

3 hrs. 15 mins. by a car

## Mentors/Advisor program

1. Engineering
  - a. Chemical
  - b. Mechanical
  - c. Nuclear
  - d. Electrical
  - e. Energy
  - f. Petroleum
  - g. Industrial
  - h. Architecture
2. Political Science
3. Material Science

At anytime of need contact us through our email/social media accounts or our contact number.

## **ESU social media accounts:**

Email: [esuatpsu@gmail.com](mailto:esuatpsu@gmail.com)

Twitter: ESUatPSU

Instagram: ESUatPSU

Snapchat: ESUatPSU

Tumblr: [esuatpsu.tumblr.com](http://esuatpsu.tumblr.com)

## **Video**

<https://www.youtube.com/watch?v=E2E1v6bxKdE>